Yasamin Karimi, PsyD, RP

Doctor of Psychology | Registered Psychotherapist | CRPO #005769

Yasamin Karimi Psychotherapy Professional Corporation | (647) 490-7050 | info@yasaminkarimi.com | www.yasaminkarimi.com

CONTACT INFORMATION

Client Information

Name

Pronouns

Date of Birth

Phone

Email

Referral Source

Address

Emergency Contact

Name

Relationship

Phone

Emergency contacts are used only in situations where there is a serious concern for safety.

Family Physician / Primary Care Provider

Provider Name

Provider Phone

☐ I do not have one

☐ Prefer not to disclose

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INFORMED CONSENT FORM

Yasamin Karimi, PsyD, RP, is a Registered Psychotherapist in Ontario, Canada, registered with the College of Registered Psychotherapists of Ontario (CRPO).

Description of Services

Psychotherapy is a collaborative process that uses the therapeutic relationship to support self-knowledge, emotional awareness, personal growth, and the development of internal resources. The goal is to help you work toward a more meaningful, balanced, and satisfying way of living.

Risks and Benefits

Therapy may bring up difficult experiences, emotions, body sensations, memories, or changes in relationships and patterns of functioning. Possible benefits include improved coping skills, emotional awareness, resilience, self-understanding, and progress toward personal goals. Outcomes cannot be guaranteed.

Outcomes and Ethics

Services are provided in accordance with the ethical and professional standards of the College of Registered Psychotherapists of Ontario (CRPO). We will work together to identify goals, monitor progress, and adjust the focus of therapy as needed.

Your Responsibilities

You are encouraged to participate actively, ask questions, and communicate openly about your experience of the work. You may pause or end therapy, seek services from another provider, or consider another therapeutic approach at any time. Coordination with other health professionals will occur only when clinically appropriate and with your consent.

Confidentiality

Information shared in psychotherapy is confidential and will not be disclosed without your written consent, except where disclosure is required or permitted by law or professional obligations. Limits to confidentiality include situations where:

1. There is a risk of serious harm to you or another person.
2. There is a reasonable suspicion that a child, elder, or vulnerable person is being abused or neglected.
3. Records are requested by court order, subpoena, or another legal requirement.
4. Disclosure is required for professional consultation, supervision, or quality assurance, with identifying information limited whenever possible.
5. A regulatory college requires information as part of an investigation or audit.
6. There is a need to respond to a medical emergency or urgent safety concern.
7. You provide written consent for information to be shared with another person or organization.

Crisis and Emergency

Psychotherapy services are not a crisis or emergency service. If you are in immediate danger or require urgent support, call 911, go to the nearest emergency department, or contact a local crisis service. Messages may not be reviewed outside regular business hours.

Electronic Communication

Email, text messaging, online booking platforms, and other electronic communications may not be fully secure. These methods should be used for scheduling or administrative matters only unless otherwise discussed.

Online Therapy

If sessions occur by video or telephone, you are responsible for choosing a private location, using a secure connection where possible, and sharing your current location at the start of the session. If a video or phone connection fails, the therapist will attempt to reconnect by phone or email using the contact information you provided.

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Social Media

To protect confidentiality and professional boundaries, friend or connection requests on personal social media accounts cannot be accepted. Public professional pages, if any, are not appropriate for clinical communication.

Record Keeping

Clinical records are maintained securely in accordance with applicable privacy legislation and professional standards. Records typically include contact information, consent forms, appointment history, clinical notes, and relevant correspondence.

Client Rights and Concerns

You are welcome to ask questions about your care, this consent form, privacy, or professional standards at any time. If you have concerns about professional conduct, you may contact the College of Registered Psychotherapists of Ontario (CRPO) at www.crpo.ca or complaints@crpo.ca.

Payment and Insurance

Fees are due at the time of service unless another arrangement has been made in advance. Receipts are provided for psychotherapy services and may be submitted to an extended health benefits plan, depending on your coverage. Clients are responsible for confirming coverage directly with their insurance provider.

Cancellation Policy

Appointments cancelled with less than one business day's notice, or missed appointments, may be charged the full session fee unless otherwise agreed due to exceptional circumstances.

Informed Consent

By signing this form, you confirm that you have had the opportunity to review this information, ask questions, and understand the nature, benefits, risks, payment policies, and limits of confidentiality related to psychotherapy services.

Statement of Informed Consent

I consent to participate in psychotherapy services with Yasamin Karimi, PsyD, RP. I understand that I may withdraw consent at any time, and that withdrawal of consent does not affect obligations already incurred, such as payment for services received.

Client Confirmation

Client Name

Date

Client Signature